

PHYSIOTHERAPIST

Physiotherapists look at ailments from a broader perspective, taking into account other bodily systems (e.g. muscles) as well.

To be qualified you will need a bachelor of applied science in physiotherapy. Alternatively, a degree in exercise science, then a masters in physiotherapy will suffice. To become a specialist there are post-grad studies.

You will work in a private practice or in the hospital system. The profession is governed by the Australian Physiotherapy Association.

In a normal day you will start early and work for approximately 12 hours consulting patients. In the hospital system, it is similar to office hours, and you rotate through different areas.

The hard part is that a referral is not required to see a physiotherapist. From a professional point of view, there is pressure to get the diagnosis correct. Also, it is a challenge to make people do what you know is going to make them better.

You will earn a starting salary of approximately \$50,000, which increases with experience and post-graduate qualifications.

Source: Women's Fitness Magazine July 2013