

DIETITIAN

A dietitian is more specialised. They have a qualification in human nutrition, and have done more theory work and assessed professional practice in clinical nutrition, medical nutrition therapy and food service management.

To be qualified you will need an undergraduate degree in dietetic (or a post-grad or masters equivalent). You will also need ongoing training to ensure you are up to date with the latest research.

You will work in a private practice or in the community health or hospital system.

In a normal day you will assess and consult people about nutritional issues. Dietitians ultimately translate scientific information into practical advice so people make better food choices.

The hard part is convincing clients you are not there to take all the tasty things away from them!

You will earn \$80 to \$130 for a typical 60 minute consultation. If you work in a hospital setting, you will be paid according to the medical scientist's award.

Source: Women's Fitness Magazine July 2013